



Project ideas by Montenegrin trainees

“My idea is the concept of learning through direct conversation between young people from different backgrounds. Instead of classic books, young people (mentors) who have knowledge in certain areas would share their experiences (members of minorities, people with disabilities, etc.). The goal of the project is to reduce stereotypes. The idea is sessions where mentors would share their knowledge. Then the focus is not on what makes a person different, but on what they can contribute to the community. The result would be a space that promotes equality, builds self-confidence and encourages empathy.”

Project idea entitled “Together We Belong Podgorica”

It is a community-based project fostering inclusion and social cohesion among diverse youth groups in Podgorica. The project will engage 30 young people aged 16–25, with a focus on those with fewer opportunities, through non-formal education activities, including interactive workshops, intercultural dialogue and peer-led collaboration. Participants will explore diversity, equality and active citizenship while co-creating three small-scale community initiatives promoting inclusion and participation at local level. The project will apply participatory and learner-centered methods to strengthen confidence, communication skills and social engagement. In partnership with local NGOs, schools and social services, the project will establish sustainable support networks and encourage long-term youth involvement. Aligned with EU values and CERV priorities, Together We Belong Podgorica aims to empower young people to actively contribute to inclusive communities, reduce social exclusion and promote a shared sense of belonging and democratic participation.”

Project Idea entitled “Digital Bridges for Community Inclusion”

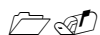
“This project focuses on promoting inclusion in my local community by helping older adults and vulnerable groups improve their digital skills. The idea is to create a youth-led initiative where young volunteers organize workshops and one-on-one support sessions to teach basic technology use, such as smartphones, social media, and online services. The goal is to reduce digital exclusion, which often prevents people from accessing important information, healthcare services, and communication with family and friends. Through regular meetings in community centers, participants will gain confidence and independence in using technology.”

Project Idea entitled: “Youth Voices for Mental Well-Being”

Objective: *To promote mental health awareness among young people by creating safe and supportive environments in schools and communities.*

Why Mental Health Matters for Youth: *Mental health is key to helping young people develop. Early support can prevent bigger problems later, while emotionally supported students perform better in school and build stronger friendships and family connections.*

Key Activities:



Workshops: *Organizing interactive sessions led by mentors and youth ambassadors to normalize conversations about stress, anxiety, and resilience.*





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School Support Structures: Establishing “Well-Being Corners” in schools with access to psychologists and peer supporters.



Digital Campaign: Creating an online platform where young people share experiences and support each other.



Community Engagement: Partner with local NGOs to host events on mental health.

Expected Impact:

- Increased awareness around mental health.
- Stronger peer support.
- Improved access to psychological services in schools.
- Empowered youth who actively shape healthier communities.

When young people see that it’s okay to talk about stress/anxiety, they are more likely to reach out for help instead of suffering in silence.

Timeline

Project phase	Deliverables	Duration
Preparation & Training	Recruit youth ambassadors, train mentors	TBD
Implementation I phase	Launch workshops, establish Well-Being Corners, digital campaign	TBD
Implementation II phase	Expand activities to more schools, host community events	TBD
Evaluation	Impact assessment, EU-wide conference to share results	TBD

Project Idea entitled “Bridging Youth Through Inclusive Cultural Engagement”

This project aims to strengthen social inclusion and active participation of young people, especially those from vulnerable groups, through cultural and community-based activities. The idea focuses on connecting youth with and without disabilities by engaging them in the co-creation of cultural content, including traditional music, dance, and storytelling. Through a series of workshops, mentoring sessions, and a final public performance, participants will develop both creative and social skills while fostering empathy and mutual understanding. The project promotes intercultural dialogue, equality, and active citizenship, in line with EU priorities under the CERV and Erasmus+ programmes. Additionally, the initiative will build local capacities by involving educators, cultural practitioners, and youth workers, ensuring sustainability beyond the project duration. By combining tradition with inclusive approaches, the project contributes to preserving cultural heritage while empowering young people to become active members of their communities.

Project Idea entitled “EduLab Montenegro – Learning Real-Life Skills”

EduLab Montenegro focuses on helping young people (16–25) develop practical skills that are often missing from formal education, such as critical thinking, digital literacy, and teamwork. The project will involve around 60 participants from different parts of Montenegro, with special attention to youth from smaller towns and rural areas.





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Through a series of interactive workshops and online sessions, participants will explore topics like media literacy, entrepreneurship, and sustainable development. They will work together in small groups to create simple, practical learning materials that can be used in schools and youth centers. The project supports Erasmus+ priorities by promoting inclusion and modern approaches to education. It is based on peer learning and cooperation, making it both realistic and engaging. In the end, participants will gain useful skills and confidence, while local communities benefit from new, youth-driven educational resources.

Project entitled: “Montenegro Youth Office”

The idea is to open a Youth Office in every municipality. The main and central Office would be in the capital city and would have strong and close cooperation, and coordination with the Government and its institutions. Each municipal Office would be in charge of receiving information from students seeking for job and forward to the central Office. Central one would be the key database of students’ and youth’s profiles and requirements. It would be in charge of maintaining close and precise coordination, communication and cooperation with the Government and its institutions, as well as the Parliament and political parties, and municipal authorities in order to ensure needs are met and addressed with authorities. Each Office would have organized events for registered youth and monitor all opportunities that may arise and occur. Main Office would sign an agreement on collaboration with above mentioned institutions and would have assigned representatives to coordinate with. On the other side, the Office would be comprised of qualified staff, including professors, professionals from various fields and youth willing to fight for the rights and interests on behalf of everyone and act as official representatives of young people.

Project proposed by Portuguese trainees

Project Idea entitled “The Reading Outdoors - Gardens that Inspire”

The project aims to promote literacy, mental health, and community participation through the use of public green spaces as places for learning, relaxation, and socializing. At the European level, we have defined 3 specific activities to be developed by young people at an international meeting in Guimarães, European Green Capital 2026:

Activity 1 – Search for good practices already developed in European projects that promoted reading and well-being in green spaces;

Activity 2 – Constitution of working groups to select examples of activities that will be part of a Guide on how to promote community activities to promote reading in green spaces;

Activity 3 – Dissemination and exemplification of some activities in each of the partner countries. Partnership would include Organizations (associations that develop community work, preferably with young people) from the countries that are part of ARTE project.

Stakeholders would include: Municipalities, Libraries, Schools, Universities for the Third Age and other organizations.





Project proposed by Albanian trainees

Project Idea entitled: “Shkodra Youth Governance & Legal Hub”

The Rationale: Addressing the "Implementation Gap": the primary driver of youth emigration (Brain Drain) in Shkodra is the lack of Legal Certainty. While Albania aligns its legislation with the EU Acquis, there is a significant gap in de facto enforcement at the local level. My project aims to restore trust in local institutions by creating a culture of meritocracy and institutional accountability.

2. Youth Participation & The Fundamentals: This project empowers youth to move beyond passive observation. They will function as "Transparency Monitors," actively tracking the Municipality's progress in Cluster 1: The Fundamentals (Chapters 23 & 24). By involving law students and young professionals, we ensure that the Rule of Law becomes a lived reality for the citizens of Shkodra.

3. Learning & Mentorship: The Germany-Shkodra Legal Bridge: the Hub will host: The Youth Legal Clinic: Providing pro-bono counseling on labor rights, startup regulations, and intellectual property to protect young entrepreneurs from exploitation. Diaspora Mentorship: Connecting Shkodra's youth with the Albanian-EU diaspora to transfer high-level "Know-How," professional ethics, and European administrative standards.

4. Key Instrument: The Local Youth Action Plan (LYAP): Sustainability is ensured through a Binding Institutional Framework. We propose a Local Youth Action Plan to be formally adopted by the City Council, mandating: Mandatory Transparency: Open-data access to municipal hiring and procurement processes. Participatory Budgeting: A legal mechanism allowing youth to have a decisive vote on local investment priorities.

5. Final Objective: Shkodra as a European Model: The ultimate goal is to transform Shkodra into a national benchmark for excellence. By implementing these standards today, we prepare our youth for the EU Single Market and ensure that meritocracy is the only currency for success.

We are not just waiting for the EU; we are building it here.”

Projects proposed by Italian trainees

Project Idea entitled “PathFinder Labs”

It is a project aimed at helping young university students make informed choices regarding their professional and academic future, against indecision and dropping out of studies. Unlike traditional guidance services, the project offers practical and personalized "guided exploration" paths, in which participants concretely experience different areas with micro-projects and workshops with experts.

TheThe project combines formal and non-formal learning, involving universities, youth organizations, and local stakeholders. Particular attention is paid to students from disadvantaged backgrounds. The achievable results include an increase in awareness in career choices, the development of transversal skills and, most importantly, a reduction in the university dropout rate. “PathFinder Labs” is structured in such a way that it can be easily adapted and re-proposed in different European contexts, thus promoting inclusion and improving the integration opportunities of young people.

